

EMBO Courses & Workshops Programme

India | EMBO Lecture Courses Application guidelines

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Application deadlines:

1 March and 1 July annually

Eligible Countries: India

EMBO subject areas

Cell Cycle, Cell & Tissue Architecture, Cellular Metabolism, Chromatin & Transcription, Development, Differentiation & Death, Evolution & Ecology, Genome Stability & Dynamics, Genomic & Computational Biology, Immunology, Membranes & Transport, Microbiology, Virology & Pathogens, Molecular Medicine, Neuroscience, Plant Biology, Proteins & Biochemistry, RNA, Signal Transduction, Structural Biology & Biophysics, Systems Biology

Contact: courses workshops@embo.org

EMBO Course Committee Spring 2025

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1. About

The aim of an India | EMBO Lecture Course is to teach participants, primarily PhD students and postdoctoral researchers about a specific scientific topic. The course should provide participants with background and underlying concepts, thereby making the topic accessible to scientists with diverse scientific background.

An India | EMBO Lecture Course should consist of:

- Scientific lectures by experts: preferably the speakers would give both a general overview lecture and a more specific research lecture
- Poster sessions and student presentations
- Additional training sessions covering e.g.:
 - o Technologies relevant to the research
 - Journal clubs
 - o Reviewing of manuscripts
 - Career options
 - o Responsible conduct of research
 - o Where, when, and how to apply for postdoctoral positions and fellowships.
- Practical training if deemed necessary

Organizers are encouraged to consider covering scientific writing, job applications, presentation skills, or grant application writing. If additional trainers need to be hired, please specify your request in the application.

India | EMBO Lecture Courses must take place in India and last between three and ten days to provide sufficient time for all the activities. Attendance of these events should not exceed 120 participants and the ratio of speakers to participants should be around 1:5.

Applications to organize an India \mid EMBO Lecture Course are accepted twice a year and must be submitted via the EMBO online system.

Application deadlines are 1 March and 1 July annually.

Selections for funding are made by the EMBO Course Committee in April/May and in September/October.

Please check the eligibility criteria before applying.

Should you have questions regarding your application, please contact courses workshops@embo.org.

2. Eligibility

Applications that do not fulfil the criteria below will not be sent to the committee for review. Please note that we do not allow any modifications to the application after the deadline has closed.

Applications for India | EMBO Lecture Courses must meet the following criteria to be considered for funding:

- The topic covered in the course must be within the life sciences (see EMBO subject areas on page 3).
- Scientists based anywhere in the world can apply, independent of their nationality.
- The scientific organizing committee must be gender diverse and include members from more than one institute. At least one of the organizers must be based outside of India
- The course must take place in India.

For repeating lecture courses: a new application is required for each individual event. Please remember to download the latest offline application form.

For resubmissions: A new application is required. Please note that there will be a new offline application form every year that must be used.

3. Application process

3.1. Timeline 2024

Applications to organize an India | EMBO Lecture Course must be submitted online.

First call opening	1 December 2024
First deadline for application	1 March 2025, 12:00 noon CET
Committee meeting	April 2025
Results announced to applicants	May 2025
Second call opening	1 May 2025
Second deadline for application	1 July 2025, 12:00 noon CEST
Committee meeting	September 2025

Applications to fund events in the same calendar year will not be considered. Applications can only be for the following calendar year e.g., applications received in 2025 are only accepted for an event taking place in 2026.

Organizers are advised to apply as early as possible in the calendar year before the proposed date of the lecture course to ensure sufficient time for the proper advertising and promotion of the course if the application is accepted for funding.

4. Application forms

Applications must be submitted online and consist of an online and an offline form (MS Word format).

In the online form, you will be asked to provide:

- Proposed title of the course
- Proposed date and location of the course
- Format of the course i.e., in-person only, virtual only, or hybrid
- A list of the organizers, specifying their role, e.g., main organizer, co-organizer, administrative or financial contact. Please note that there can only be one main organizer.
- An estimate of the expected number of participants
- Information on speakers
- An abstract describing the main themes and objectives of the course (max. 200 words)
- Subject areas and keywords
- A draft budget

In the offline form please provide:

- A description of the reasons to hold a course on the proposed topic
- Information on any competing or similar courses held in the past, current, or following year
- The list of speakers
- The ratio of invited speakers and speakers selected from abstracts
- The draft programme
- A description of the networking activities
- For hybrid meetings: a short description of the virtual component
- Selection criteria for participation and expected number of participants

- A list of the scientific organizers, a link to their respective home pages, and their previous course organizing experience. Please check that the links shared are correct and functional before submitting the form.
- A short description of the location
- A listing of measures you plan to take to reduce the environmental impact of the course
- For repeat lecture courses: improvements that you have made based on feedback from previous courses (if applicable). Please note that EMBO must have received and approved the reporting documents from the previous course before resubmission. The committee usually does not support repeat courses without the reporting documents for the previous course.

This form must be saved in PDF format and uploaded via the online application site.

4.1. Meeting type

When completing your online application form, please ensure you choose **India** | **EMBO Lecture Course**.

4.1.1. Proposed title of meeting

The (main) title of the course should not mention sponsors', organizations' or institutes' names. Organizers should refrain from using excessively long titles and should not mention numbers referring to previous courses.

The description of the course should detail which organisms/systems are being covered.

4.1.2. Meeting format and location

Please indicate the proposed format and location of your course by selecting the format and entering the venue details on where the course will be held or run from (for virtual courses).

The course format can be either:

- In-person course,
- Virtual course, or
- Hybrid course

4.1.3. Hybrid format

EMBO conducted a study on virtual and hybrid conferences, interviewing and surveying scientists about their experiences with virtual scientific conferences. The full report can be <u>downloaded</u> <u>here</u>.

EMBO encourages organizers to experiment with hybrid meeting formats and will offer €10,000 on top of the core funding to assist with the additional costs incurred. The funds can go towards paying for a virtual platform, technical/AV support, rental of technical equipment, as well as additional administrative support that organizers might need to set up the virtual component.

Please see **Hybrid Conferences** for a summary of options and points to consider.

In the offline form, please describe what you plan to offer to virtual participants (e.g., access to the talks and possibly other activities). It is understood that the final format may differ from the description offered in the form.

The costs associated with the delivery of the virtual part should be included in the final financial reports to be submitted to EMBO. Please note that EMBO funding cannot be used to purchase technical equipment associated with running the course.

4.1.4. Virtual format

EMBO funds virtual courses. Organizers may use an online platform or event management tool of their choice. Please note that EMBO does not take responsibility for nor endorse any online platforms or services. EMBO funds can be used to pay for the online meeting platform, tools, or software necessary to host a virtual course.

The costs associated with the delivery of the virtual course should be reported in the financial statement to be submitted to EMBO.

Please note that EMBO funding cannot be used to purchase technical equipment associated with running the course.

Please see Hybrid Conferences for a summary of options and points to consider.

4.2. Abstract, keywords, topic

Please provide a short **abstract** (max. 200 words), stating the principal themes and objectives of the event.

Describe the course with **five scientific keywords** and choose a primary and secondary subject area from the EMBO subject areas (listed on page 3).

Describe the reasons for holding a course on the proposed **topic** (max. 200 words), describing recent developments in the field and how the course would contribute to the advancement of the field. For repeating India | EMBO Lecture Courses, please state why the course should be repeated, i.e., what are the new developments in the field that would justify a repeat at this stage.

If applicable - Feedback from previous EMBO-funded meeting(s) or resubmission

For courses previously funded by EMBO, describe any improvements, or changes you propose to implement based on the experience of, and feedback from, the previous course(s) (max. 200 words).

Please include the ID number of the previous EMBO funded course.

Note that the committee receives feedback from the previous course(s) and takes this into account when evaluating a resubmission.

Also, please list the names of the organizers of up to three previous EMBO-funded courses in case of a repeating event. Note that organizers are expected to rotate, with no one scientific organizer involved with organizing more than three consecutive courses.

For **resubmission** of a previously unsuccessful application, please state the ID number of the previous application and list the main adjustments that you have introduced.

4.3. Speakers

Organizers are expected to apply with a list of at least 90% confirmed invited speakers. If speakers are not confirmed, the application is ineligible for review.

Updates introduced to the speaker list after the application deadline will not be considered.

Please consider the following:

Number	The number of speakers and instructors should be adequate to cover the topic in sufficient depth without making the programme overly dense. The ratio of speakers to participants should be around 1:5. Additional trainers/instructors for practical training can be accommodated.
Expertise	Speakers and instructors should be experienced researchers with significant expertise in the course subject.
Speakers selected from abstracts	At least 35% of the total number of speakers should be selected from abstract submissions, prioritizing junior researchers (students and postdocs). Please also consider gender balance and geographical diversity when selecting speakers from abstracts submissions. The balance between invited speakers and selected speakers is an important selection criterion. Flash talks are not counted in the selected speakers.
Career level	EMBO supports the career progression of young scientists. The list of speakers should balance early-career (maximally 7 years of independence) and established investigators/group leaders. Applications with higher proportions of early-career researchers will be viewed positively by the committee.

Gender distribution	At least 40% of the speakers must be of the underrepresented genders. If the percentage is lower than 40%, the application is ineligible.
Geographical diversity	At least 33% of the invited speakers should be from Europe. The inclusion of speakers from Asia-Pacific, Africa and South America is strongly encouraged.
Repeat speakers (only if the event is a repeat of an EMBO event)	No more than 30% of speakers may be invited again to a subsequent event in a repeating workshop. Speaker turnover between different editions is an important selection criterion.

While EMBO specifies targets for gender and geographic participation to promote inclusivity and diversity in EMBO Courses and Workshops, we ask organizers to enable diversity across the spectrum, thus ensuring that EMBO Courses and Workshops are a safe, inclusive, and welcoming learning space for all speakers and participants regardless of individual beliefs or characteristics.

Please list the speakers in the following format:

- 1. First Name Last Name, Institute, City, Country. Please list in alphabetical order, i.e., by Last Name.
- 2. Add a link to the home page of the speakers' research group
- 3. Please add:
 - C (for confirmed),
 - W (for woman),
 - M (for man),
 - NB (non-binary),
 - R (for repeat speaker),
 - O (for speakers not based in the host continent),
 - E (for early-stage researchers, up to 7 years of independence)
- 4. Add title and link to a relevant publication that led to the speaker's invitation.

Please do not change the format.

Please see example below:

No. Name and affiliation. Include link to lab home page	Status (C, W, M, NB, R, O, E)	List the most recent publication that is relevant to their contribution to the meeting (include title and PubMed link).
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1.	John Bloggs (Institute, City, Country)	C, O	John Bloggs et al, Molecular Systems
	https://www.XY.JohnBloggsLab/uxy.		Biology, 2019; The systems biology of
	xy		cancer stroma; PubMed link
2.	Jane Doe (Institute, City, Country)	C, W	Jane Doe et al, EMBO J, 2020; Ras
	https://www.XY.JaneDoeLab/uxy.xy		signaling in melanoma; PubMed link
3.			

You will be requested to provide the number of **invited** speakers in each category in the online form, the percentages will be calculated automatically.

4.4. Programme

Introductory paragraph

Please include a one-paragraph introduction, explaining the logic behind the order of the sessions.

Draft Programme

The programme should be sufficiently detailed, listing session themes and speakers, and including time for questions, discussions, and networking. It should have the appropriate duration for the size and focus of the course, and the time allocated to talks and Q&A sessions should be appropriate.

In the draft programme, please note in a few words what the invited speakers will contribute to the related session. Final talk titles are not expected at this stage.

Please indicate the number and duration of short talks and flash talks selected from abstracts.

Please ensure that the programme is legible by adding empty lines between days. Please see example below:

Day	Time	Programme category (e.g., talk, break, keynote lecture, etc.)	Speaker name and topic of talk
Day 1			
	12:00	OPENING	
	12:15 – 13:15	KEYNOTE	John Bloggs on cancer stroma
	13:15 – 13:45	BREAK	
	13:45 – 15:30	SESSION	Signalling networks in cancer I
	13:45 – 14:15	TALK	Jane Doe: Ras signalling in melanoma
	14:15- 14:30	Short talk #1	Will be selected from abstracts

14:30-	Short talk #2	Will be selected from abstracts
14:45		
14:45-	Flash talks	5 min each, will be selected from abstracts
15:15		
15:30 –	POSTERS	All posters
17:00		

4.4.1. Networking activities

EMBO believes that networking is a vital component of every scientific meeting. Organizers are expected to facilitate networking through dedicated activities during the course, these should include, but not be limited to poster sessions, joint meals, meet-the-speaker sessions, flash talks.

Please describe how discussion and interaction between participants and speakers/instructors will be stimulated. The committee welcomes creative ideas regarding the facilitation/promotion of networking (max. 400 words).

EMBO will not fund a separate "speakers' dinner".

The networking activities should be listed in the programme.

If organizing a hybrid course, please describe how you will involve the virtual participants in the course (max. 400 words).

4.4.2. Poster sessions

Poster sessions should be held at a time that encourages maximal attendance, ideally not during lunch or coffee breaks, and should not overlap with other activities. Poster sessions should be held in a room with sufficient space and last for at least 90 minutes.

The form requires you to check the corresponding box if the following applies to your poster session:

- The venue for the poster session is close to the lecture hall
- The posters will be available for viewing throughout the entire course
- In case multiple poster sessions are planned, participants will be assigned to a specific session
- A social event will be incorporated (e.g., drinks and snacks)

4.5. Participants

Attendance of these events should not exceed 120 participants.

Further requirements:

• Early career researchers should have the opportunity to attend and present their research.

- Participants should not be restricted to a pre-defined group, such as from a single institution only or other defined groups.
- EMBO wants to foster interactions between scientists from Europe and other continents. It is expected that the wider local community benefits from the course taking place in a country outside Europe. 75% of the participants should be based in the continent where the course takes place.
- EMBO is committed to gender diversity in all activities, so please ensure that this is the case in the proposed event (minimum 40% for the underrepresented genders).
- Organizers are asked to enable diversity across the spectrum, thus ensuring that India | EMBO Lecture Courses are a safe, inclusive, and welcoming learning space for all speakers and participants regardless of individual beliefs or characteristics.

Provide an estimate of the number of participants you plan to accept and the percentage of participants from India.

Please describe the criteria that will be used to select the participants.

Please indicate the names and the role of those who will select the participants (e.g., organizers, speakers, instructors, etc.).

Please also state the number of participants who will be selected for oral presentations and specify the duration of their presentations.

You may want to consider organizing satellite meetings that are open to the local scientific community. You can apply for additional funding of up to €2,000 by contacting courses_workshops@embo.org.

4.5.1. Travel, childcare and accessibility grants

Organizers receive an additional €7,500 for their events to cover the following support for participants (please note that you do not need to include this in your requested amount to EMBO as it will be automatically added):

Type of grant	Amount allocated	Available for registered participants working in laboratories in	Explanatory notes
Travel grants and registration fee waivers	€2,500	All countries	Applicants should specify their needs in the registration form. Maximally €500 per participant can be allocated.
Childcare grants	€1,000	All countries	To cover additional childcare costs incurred by participants or speakers when participating at any EMBO-funded meeting including virtual and hybrid meetings. Eligible costs include fees for a baby-sitter or child-care facility, travel costs for a caregiver, or travel costs for taking the child to the meeting, etc. Applicants should specify their needs in the registration form. Maximally €500 per participant can be allocated.

Special travel grants & registration fee waivers	€3,000	Chile, India, Singapore, and Taiwan	Exclusively for participants of any nationality working in laboratories in Chile, India, Singapore, and Taiwan. Registration fee waivers and travel grants should cover the cost of attendance for participants who need it. Applicants should specify their needs in the registration form. Maximally €1,000 per participant can be allocated.
Accessibility grants	€1000	All countries	For supporting participants with access needs. These grants cover additional costs e.g. to adapt the conference environment, or to be accompanied by someone to assist the participants where necessary. Participants with access needs may apply for a grant via the registration system of the event, or by emailing the organizers directly. Maximally €500 per participant can be allocated.

Please note that the budget allocated to each category is not transferable.

4.6. Organizers

There can be **only one main organizer** and the number of co-organizers should not exceed four (4). Please list for each organizer their respective experience in organizing courses (please restrict to the last three relevant events).

The *main organizer* is the primary scientific contact for all correspondence after submission of the proposal. *Co-organizers* are researchers who have major scientific/technical involvement in the planning and execution of the course.

The **scientific organizing committee** must be **geographically and gender diverse** and come from more than one institute i.e., an international group representing the topics covered in the course.

The **administrative contact** will be copied on all email correspondence related to the application. Additionally, you may add a **financial contact** who can be contacted for budgetary issues.

Multiple roles for one person are acceptable, e.g., one of the organizers may also be the administrative or financial contact.

Please note that organizers are expected to rotate, with no one scientific organizer involved with organizing more than three consecutive lectures.

4.7. Location

Provide the address of the proposed location and a short description of the venue (e.g., capacity, equipment of relevant facilities, accommodation, and catering (max. 200 words)). The venue should have suitable facilities and preferably accommodation should be onsite or close by. Participants and speakers should be accommodated in the same location or in a limited number of locations.

Accommodation should be reasonably priced. If all participants cannot be housed together, make sure that low-priced accommodation is also available in the vicinity.

Please note the availability of wireless internet access and how the location can be reached.

4.8. Budget (to be provided in the online form)

Expenses

The form requests your estimates for travel, accommodation costs, local transport, or shuttle services that you want to provide, catering, expenses related to the venue, promotion, and organization. The sums are automatically calculated.

EMBO funds can be used to cover:

For in-person courses	 Economy travel, accommodation, and subsistence costs of the speakers On-site catering for the course Administration costs up to €4,000. Room hire, audio-visual, and IT facilities essential for the course Social activity (e.g., excursions) costs up to €3,000.
For virtual courses	 Rental of online platform to run a virtual course Administrative costs up to €8,000 Room hire, audio-visual, and IT facilities rental essential for the course.
For hybrid courses (An additional grant of €10,000 will be provided)	 Rental of a virtual platform to host the virtual part of the course Rental of additional AV equipment and personnel costs Additional administration costs up to €8,000.

EMBO funds do not cover overheads or purchase of equipment or gifts for speakers and participants, honoraria and dinners/meals exclusively organized for the speakers.

EMBO will create the event website (including an online registration system), design a poster and abstract book cover at no additional charge. EMBO funds cannot be used to pay for alternative website providers.

Income

Registration fees

The registration fees for an India | EMBO Lecture Course:

- Should not exceed INR 5300/€60 (< 5 days in length) and INR 8000/€90 (≥ 5 days in length)
- Should not be less than INR 13000/€150 for participants from industry

Reduced registration fees can be charged to virtual participants. Discounts for group registrations should be considered.

Funding and Sponsorship

Please state the amount of funding requested from EMBO. A maximum of €35,000 of core funding may be provided. If the course is organized as a hybrid event, an additional €10,000 will be allocated to your event if funded. You do not have to request these additional funds in your application.

An additional €7,500 will automatically be allocated to fund travel grants, registration fee waivers childcare grants, and accessibility grants to participants.

You do not have to request funds for travel grants, registration fee waivers, childcare grants, and accessibility grants in your budget; these will automatically be allocated to your event if funded. Details on how travel grants should be distributed to participants can be found in the guidelines for organizers.

Please also state other funding sources or sponsorship that you expect and list any non-monetary support. Ensure that all funders and sponsors understand that they cannot be mentioned in the title of the course but can be acknowledged on the website and the poster. Sponsors and funders who provide €20,000 or more towards the course can also be recognized as co-sponsors.

State the name of the funder or sponsor, the status of sponsorship (confirmed, pending, not yet approached) and special conditions linked to the sponsorship.

Budget balance

Total expenses should match the total expected income. Please explain if this is not the case.

5. Selection procedure

- All incoming applications are screened by the EMBO Office to ensure eligibility requirements are met (see section <u>2. Eligibility</u>). If the application does not meet the eligibility requirements it is rejected by the EMBO office and is not sent to the committee for review. No modifications to the application are accepted after the application deadline has closed.
- Each application is assigned to at least two members of the EMBO Course Committee for evaluation.

- Final funding decisions are made by the entire EMBO Course Committee in April/May and September/October each year. **Committee decisions are final and cannot be appealed.**
- All applicants are informed of their application outcome by email shortly after the committee meeting.

Please do not contact the committee members directly. This may lead to your application being excluded from the review process.

6. Selection criteria

The <u>EMBO Course Committee</u> is looking to fund lecture courses that cover the latest developments and gather the best international experts.

Applications should be as complete as possible, and the proposed event should not overlap with other courses in the same year.

The committee will pay special attention to the following aspects:

A. TOPIC

Originality	The topic should not overlap with other events in the same year.		
Unique focus	If the topic overlaps with an on-going series of events funded by EMBO, or other organizations (GRC, CSH, FASEB, Keystone, EMBL, etc.), the unique focus of the proposed course should be clearly indicated.		
Relevance	Significant new developments in a field should be addressed.		
Broadness	The topic should be covered in sufficient depth and breadth.		

B. PROGRAMME

Clear structure	The programme should be sufficiently detailed, listing session themes and speakers, and allowing time for questions, discussions, and networking.
Appropriate duration	The programme should have the appropriate duration for the size and focus of the course.
Talk duration	The time allocated to talks and Q&A should be appropriate. Overly long talks (i.e. >30 min including Q&A, with the exception of the keynote) should be avoided.

Previous feedback (only for repeat EMBO events

If the application is for a repeat of a previously EMBO-funded lecture, the committee will consider the feedback received from the previous lecture. Therefore, relevant issues raised by participants, especially negative comments, should be addressed.

C. SPEAKERS

Number	There should be enough invited speakers to cover the topic in
Expertise	sufficient depth but without making the programme overly dense. The speakers should be qualified experts in their area. The organizers should carefully survey the field they wish to cover and ensure they capture its diversity rather than focus on a small number of established scientists.
Speakers selected from abstracts	Some speakers (at least 35% of the total) should be selected from abstract submissions, prioritizing junior researchers (students and postdocs). Gender balance and geographical diversity should also be considered when selecting speakers from abstracts submissions. The balance between invited speakers and selected speakers is an important selection criterion.
Status	At least 90% of the invited speakers must be confirmed.
Career level	The list of speakers should balance early-stage (maximum 7 years of independence) and established investigators/group leaders. Applications with higher proportions of early-stage researchers will be viewed positively by the committee.
Gender distribution	At least 40% of the speakers should be of the underrepresented gender. A lower proportion must be justified. This is checked by the office.
Geographical diversity	Events held outside Europe (B, C and D – see list on page 3) should have a minimum of 33% speakers based in Europe. The inclusion of speakers from a broad range of European countries and Asia-Pacific, Africa and South America is strongly encouraged and forms an important part of the selection process.
Repeat speakers (only if it is a repeat EMBO event)	No more than 30% of the speakers should have spoken at the previous event. Speaker turnover between different editions is an important selection criterion.

D. NETWORKING

Networking	Sufficient time should be dedicated to activities that promote				
opportunities	exchanges between the participants, e.g., coffee breaks, group				
	activities, meet-the-speaker sessions, flash talks, discussion				
	rounds. Other attempts to promote interaction amongst attendees				
	are a plus. The committee places a lot of importance on activities				
	that allow junior and senior researchers to interact.				

Common meals	Meals should be organized for all participants in order to encourage interaction. EMBO will not fund a separate "speakers' dinner" during the course.
Poster sessions schedule and location	Poster sessions should be held at a time that encourages maximal attendance, ideally not during lunch/dinner or breaks, and should not overlap with other activities.
Poster sessions (number and duration)	Should last for at least 90 minutes. At least two poster sessions should be organized for a course with more than 150 participants.

E. ORGANIZING COMMITTEE AND MEETING LOCATION

Diversity	Co-organizers should be an international and gender-diverse group of scientists.
Location of the event	The venue should be easy to reach, and it should be suitable for the type of meeting proposed. Participants and speakers should be accommodated in the same location or in a limited number of locations.

7. San Francisco Declaration on Research Assessment (DORA)

EMBO is a signatory of the San Francisco Declaration on Research Assessment (DORA) and as such does not use publication metrics such as the Journal Impact Factor during the assessment process (see website for further details). Applicants are asked NOT to include publication-based metrics when listing invited speakers' and co-organizers' publications.

8. Confidentiality

All applications are treated in confidence and only publicised following acceptance of the funding conditions by the organizer.

Contacting individual members of the EMBO Course Committee to influence the decision process will result in disqualification of the application.

9. Organizing hybrid conferences

Conferences in hybrid format allow scientists to participate when they are unable to attend in person. Possible reasons include health-related issues, care obligations, lack of funding, or difficulty to obtain a visa.

One of the goals of EMBO is to stimulate scientific exchange across a broad audience. We therefore encourage the organizers of EMBO Courses and Workshops to opt for a hybrid format. Additional funding of up to 10,000 € is provided for expenses related to a hybrid set-up for e.g., AV support, virtual platform, administrative support, etc.

EMBO works with a third-party conference management service that can provide a virtual meeting platform as well as a mobile app.

Based on feedback from previous organizers of hybrid EMBO meetings, below some suggestions for setting up a hybrid meeting:

- Designate someone as responsible for interacting with the virtual participants
- Invite and support participation of virtual participants in the Q+A session: Appoint an additional session chair to monitor questions from the virtual participants
- Consider selecting virtual participants for short talks
- Enable online networking activities, such as online poster and discussion sessions, or flash talks, amongst virtual participants. These can be hosted via Zoom breakout rooms or other social networking platforms, for e.g., Wonder.me, Gather.Town, SpatialChat, Topia, and others
- Support participation of virtual participants in discussion sessions or other on-site sessions
- Speakers must be informed and asked for consent if talks are recorded
- Recording of the talks helps, virtual participants to deal with the time difference and screen fatigue, they should be available as soon as possible on a dedicated platform or website. Talks should be recorded individually, not as a full session. This will make viewing and excluding talks that are not to be recorded easier
- Advertise activities for virtual participants in the meeting programme.

<u>Disclaimer:</u> This document is intended to assist organizers set-up virtual meetings and offers mere suggestions and advice. EMBO does not endorse any software or services and does not take any responsibility for third-party services that the organizer may choose to use.

For more information on how to implement these suggestions, please see the <u>EMBO Virtual and Hybrid Meeting Organizer Guidelines</u>.

10. Appendix I - Encouraging Sustainable Meetings

EMBO encourages organizers of EMBO Courses and Workshops to implement measures that reduce the environmental impact of their meetings.

We hope that this initiative will create awareness and help change many people's minds and behaviours. Only together can we make a difference for the environment, climate, and future generations on the planet.

EMBO Courses & Workshops awards points to meetings that implement sustainability measures. Implementation of various measures qualify the meeting for points ranging between one and five as listed in the table below. The accumulated points will rank the meeting on one of three levels, recognizing the organizers' efforts towards increasing the sustainability of their course or workshop:

- Level 1 Meeting with moderate sustainability: 18–23 points
- Level 2 Meeting with high sustainability: 24–29 points
- Level 3 Meeting with very high sustainability: 30 points or more

Below are measures you could choose to implement to acquire a sustainable meeting label:

Measure	Points
Venue	
Choose a certified environmentally friendly venue e.g., EU Ecolabel, Green key	5
Choose a venue that takes energy efficiency measures, but is not (yet) certified, e.g., uses solar energy, including for heating water, gets green electricity, participates in waste sorting and local recycling etc.	
Choose a centrally located venue with good public transport connections, close to major transport hubs to reduce additional travel	4
Use only plastic-free badges	2
Virtual or Hybrid participation	
Enable some participants to attend the meeting virtually, thus increasing participation without significantly increasing the overall environmental impact	3
Organize a session or panel discussion on sustainability in science at your meeting	3
Catering	
Serve only vegetarian food throughout the meeting	
Serve only vegetarian food on at least one day of the meeting	
Serving locally sourced food	
No bottled water, opt for water fountains/tap water in jugs	

No single-use wares such as disposable cutlery, cups, plastic bottles or cans	1
Travel	
Require at least 4 invited speakers/organizers travelling within Europe to travel by train	3
Require some invited speakers from other continents to give their talks remotely. The	2 for 1
funds saved on travel (€1,500 per speaker) can be used to fund train travel incentives for participants (see below)	3 for 2
Offer a discount on registration fees for participants traveling by train, or otherwise incentivize train travel with rewards. You could use the €1,500 that were saved on travel for invited speakers from other continents to fund train travel incentives for participants	
CO2 Offsetting	
Offset the CO ₂ footprint of your meeting by donating to off-set projects*	1
Innovative ideas to offset the CO2 footprint of your meeting. * We would encourage organizers to implement creative ideas that go beyond what is listed above, as these can serve as inspiration for others.	5

^{*} EMBO funding cannot be used towards offsetting CO2 footprint. External sources of funding should be explored for this.

moderate sustainability	18-23
high sustainability	24-29
very high sustainability	30 and above

Additional steps that you can take for a more sustainable meeting:

Electronic programme and abstract book: Organizers are encouraged to distribute the abstract book in electronic format via the meeting website and print only a minimum number of hard copies, if necessary. Organizers can export the abstract book in electronic format via the meeting website provided by EMBO. The abstract book can then be made available on the meeting website as a password-protected PDF document.

Promotional material: EMBO offers promotional materials for your EMBO funded course or workshop. We have aimed to source sustainably as much as possible and provide material that is useful beyond the meeting. Please order the minimum quantities you would need and encourage participants to re-use the bags and notebooks after the meeting.

Advertising: Organizers are encouraged to opt for digital advertising using the poster EMBO provides and use the social media handles set up for you.

Reduce the environmental impact of traveling: Organizers may encourage speakers and participants to donate to CO_2 offset projects.

Provide participants with information and directions for local public transport and encourage its use,

Organize joint activities at locations that can be reached on foot or by public transport.

Raise awareness: Inform participants about the sustainability measures you are adopting for your meeting.

Ask participants for feedb meeting.	ack and suggestions on	your sustainability me	asures at the end of the